

Route: 2008 Legbreaker Challenge 130Km

Summary

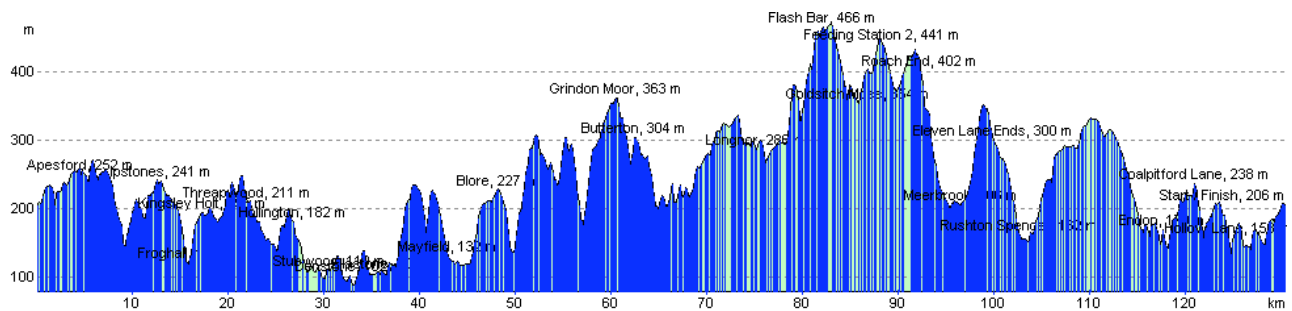
Route Distance: 131 km

Estimated Time: 5:26

Total Ascent: 3069 m

Total Descent: 3069 m

Elevation Profile

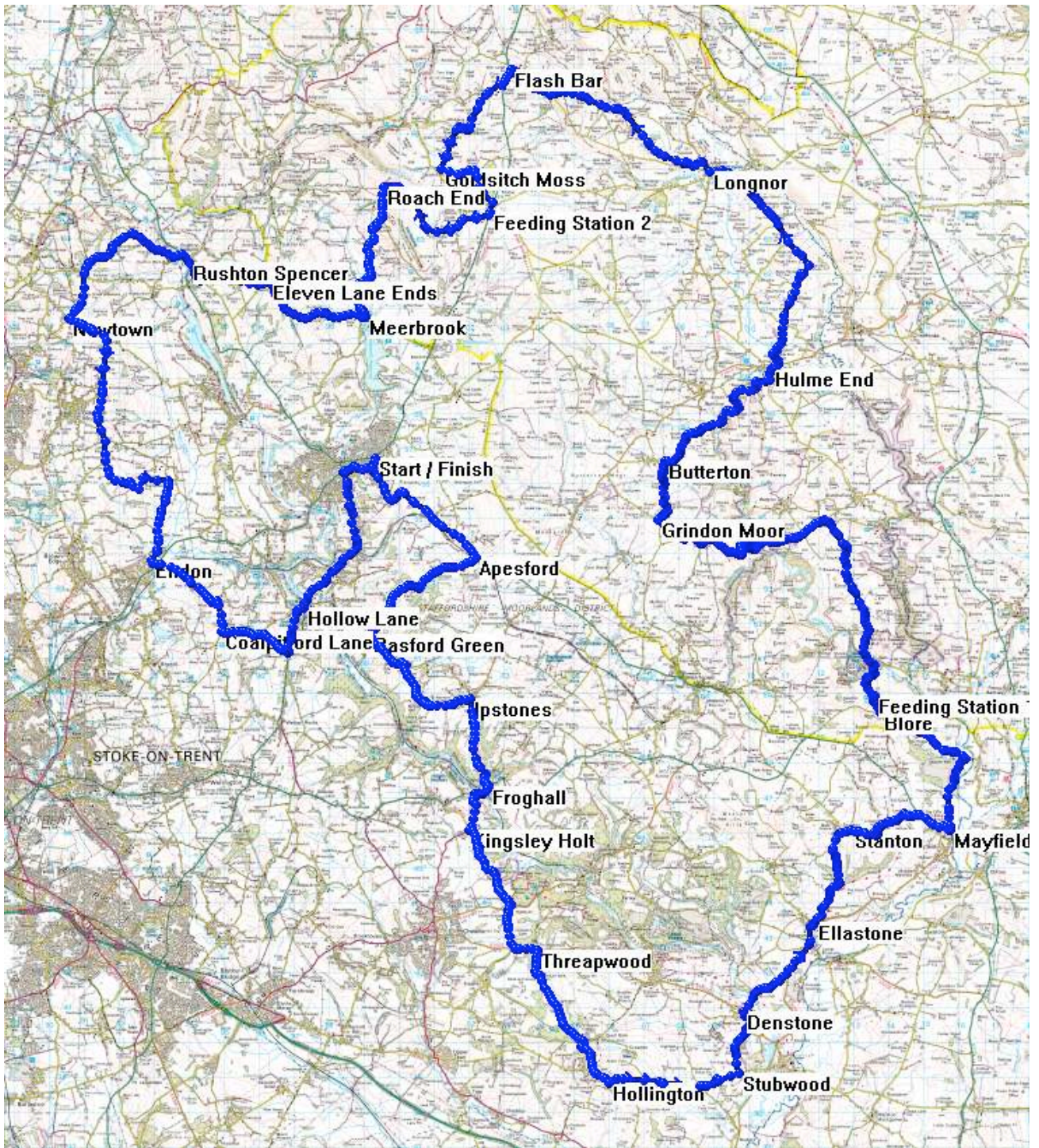


Waypoints

Leg	Name / Position / Elevation	Distance	Time	Comments
0	Start / Finish			Springfield Road School
1	Apesford	4.61 km	0:11	Turn right into Apesford Lane
2	Basford Green	4.17 km	0:10	Turn left towards Ipstones
3	Ipstones	4.2 km	0:10	Turn right towards Froghall
4	Froghall	2.73 km	0:06	Turn right then left towards Cheadle
5	Kingsley Holt	1.6 km	0:04	Turn left
6	Threapwood	4.63 km	0:11	Turn right towards Great Gate
7	Hollington	4.8 km	0:11	Turn left towards Rocester
8	Stubwood	3.87 km	0:09	Turn left towards Stubwood and Denstone
9	Denstone	2.09 km	0:05	Turn right towards Ellastone
10	Ellastone	3.55 km	0:08	Turn left towards Stanton
11	Stanton	3.25 km	0:08	Keep right
12	Mayfield	3.43 km	0:08	Turn left towards Okeover Hall
13	Blore	5.11 km	0:12	Turn right towards Illam
14	Feeding Station 1	525 m	0:01	
15	Grindon Moor	12 km	0:30	Turn right towards Butterton
16	Butterton	1.92 km	0:04	Turn right towards Hulme End
17	Hulme End	5.11 km	0:12	Turn right then left towards Sheen and Longnor
18	Longnor	7.6 km	0:18	Turn right then left towards Hollinsclough and Flash Bar
19	Flash Bar	6.94 km	0:17	Turn left then right to Flash village

20	Goldsitch Moss	3.8 km	0:09	Turn left towards Gib Tor then right to Winking Man Feeding Station
21	Feeding Station 2	2.43 km	0:06	Leave feeding station towards Leek then take first right
22	Roach End	4.02 km	0:10	Start of gated road section
23	Meerbrook	4.23 km	0:10	Turn right towards Gun Hill
24	Eleven Lane Ends	3.43 km	0:08	Turn left then straight on towards Rushton Spencer
25	Rushton Spencer	2.67 km	0:06	Keep forward towards Macclesfield then left
26	Newtown	5.34 km	0:13	Turn left towards Biddulph Moor
27	Endon	9.67 km	0:24	Turn left and cross A53 into Park Lane
28	Coalpitford Lane	3.26 km	0:08	Turn left into Coalpitford Lane
29	Hollow Lane	3.62 km	0:09	Turn left towards Leek
30	Start / Finish	5.9 km	0:14	Springfield Road School
Totals:		131 km	5:26	

Overview Map



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Prepared with Memory-Map